



Christodora-Manice Education Center
Summer 2009



PACKING LIST

*Belongings should be packed in a duffel bag or small suitcase. **Storage space in the bus is limited, so please keep luggage compact.** Please note the clothes the student wears for departure are not to be extra clothes from what is listed. For example, wearing one pair of shoes and then packing 2 pairs of shoes is 3 pairs of shoes. **This is a suggested clothing list. Please do not feel obligated to buy items on this list, simply bring what you have!***

CLOTHING: Clothing should be durable for hard use. We recommend you do not bring your best clothes.

- 2 pairs long pants
- 2-3 pairs shorts
- 2 warm long-sleeved shirts
- 3-4 short-sleeved shirts
- 5 pairs underwear
- 6 pairs socks
- 1 pair pajamas or sweatpants
- SWIMSUIT
- 2 sweaters or sweatshirts
- 1 medium weight jacket
- 2 **pairs shoes** (or 1 pair sneakers and 1 pair boots
old ones - they'll get dirty, don't bring your new kicks!☺)
- 1 **raincoat & hat or a hooded poncho**
(we will provide a rain poncho if you don't have one)
- baseball-style or brimmed hat

TOILET ARTICLES:

- 1 towel and washcloth
- toothbrush and toothpaste
- soap
- hairbrush or comb
- deodorant
- feminine hygiene products
- glasses/contacts

EQUIPMENT: (blankets/pillows provided))

- flashlight (pack batteries separately)
- 2 sheets or a sleeping bag (do not bring both)**
- 1 pillowcase
- day pack (optional)
- disposable camera (optional)
- sunglasses (optional)

PLEASE NOTE: The safety and security of all the students/staff is our greatest concern, these guidelines will help to keep everyone safe.

- ◆ Do not bring aerosol cans, matches or lighters. The staff will confiscate any of these items if found in a student's possession.
- ◆ **It is illegal to bring alcohol, firecrackers, weapons (this includes all knives), illegal drugs (including marijuana) or tobacco products of any kind.** Violators will be restricted from activities. See also Student Info and Responsibilities Form.
- ◆ Students must turn all medications in to Christodora staff **before** departure to the **Christodora-Manice Education Center (MEC)**.
- ◆ **Please do not send your student with a large amount of cash:** \$5 to \$10 is plenty, as there may be only a few opportunities to purchase things at rest stops during travel. We provide all meals for your student. MEC does not have a store and will provide a packed lunch for the students on the way back on the bus.
- ◆ **Electronics including radios, tape/CD/MP3 players, electronic games, cell phones, etc. are allowed on the bus ride but are not permitted to be used at MEC.** They will be secured at MEC and returned for the bus ride home. Christodora Manice Education Center Staff reserve the right to confiscate these items on the bus if their use causes disruptions to a safe and comfortable journey for all riders.

****If you have any questions, please email manice@christodora.org****